



HomeHealth Visiting Nurses Inside

Dear Friend,

Whether we are caring for a frail newborn infant or helping an older patient remain independent, we are committed to compassion and clinical excellence. Our professional team provides the care you need to make the transition from hospital to home where friends and family can support recovery and ease the uncertainty of illness. Our services include: Nursing care, Home health aides, Telehealth, Rehabilitative therapies, Parent and child health, Counseling and emotional support, Community health, and Lifeline.

Please don't hesitate to call for more information at 1-800-660-4867

Winter 2007

Biannual Newsletter for Patients, Families and Friends

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INVESTMENT BALLOT

Kennebunk Savings Bank mailed its annual Community Investment Ballot to all its customers in January. Each year, Kennebunk Savings Bank donates a portion of their earnings to local nonprofits and charitable organizations through this program based on their customer's votes. We are pleased to announce that HomeHealth Visiting Nurses is included on the list of charitable organizations. If you are a Kennebunk Savings Bank, Kennebunk Financial Services or Morris Insurance customer, we encourage you to support HomeHealth Visiting Nurses by casting your vote for our agency by **March 15, 2007.**

Last year, each vote the Bank received was worth \$31! Thank you for voting, and we appreciate your continued support.

Norovirus Health Alert! *Wash Your Hands!*



The Maine Center for Disease Control has issued an alert that Norovirus, a virulent gastrointestinal virus, is impacting many Maine Counties. Symptoms include: sudden onset of strong abdominal pain, nausea, vomiting, and diarrhea lasting approximately 2-3 days. Dehydration is a significant risk.

Norovirus can live for days on many surfaces and is highly contagious. Excellent hand hygiene is the best defense to minimizing the impact of this virus. Take good care of yourself!



15 Industrial Park Road
Saco, Maine 04072
(800) 660-4867
www.homehealth.org

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2006 Report to the Community

We are pleased to present a summary of our 2006 Annual Report to the Community that marks a very successful year for HomeHealth Visiting Nurses. With a strong employee team, we have achieved remarkable accomplishments, established strong collaborations, and introduced new and creative initiatives.

In this fiscal year, our nurses, rehabilitative therapists, social workers and home health aides traveled over 1.6 million miles throughout a service area that encompasses 23,189 miles. We brought our patients the following benefits:

- Home health care to patients in 69 towns, cities and islands 24 hours/day, 7 days a week
- 115, 773 home visits to 7,772 new patients that include newborns, children and adults
- 10,157 health tests and screenings to 9,507 clients at one of our 275 clinics
- \$365,078 in charity and uncompensated care to patients in need of services
- Over 12,000 hours of volunteer support by 150 volunteers

We have concentrated our efforts toward the goals of efficiency and responsiveness. Because of the

conscientious and collaborative response of our employees, we were able to expand admissions and serve a greater number of patients throughout southern Maine. To our patients, we brought a new level of resources and skills secured through our collaborative partnerships with MaineHealth to include Healing Hearts at Home, AH Asthma and a depression initiative. We are especially proud to note that our patients reported 92.5% in overall satisfaction. In addition to our own internal endeavors, we collaborated with the Centers for Medicare and Medicaid Services' Quality Improvement Organization (QIO) to reduce the rate of patients hospitalized during an episode of home care.

With financial support from towns, donors, and the United Way organizations of Greater Portland and York County, we extended service to those patients in greatest need who lacked insurance or other resources to pay for care.

We are also proud to report several awards and recognitions:



■ France Carrier, RN, and Steve Frost, Community Health Technical Assistant, accept the Media Award.

The Home Care Alliance of Maine presented the "Media Award" to HomeHealth Visiting Nurses in recognition of its outstanding contribution to the health of home care patients through the use of media. The agency, in partnership with "Healthviews," (a cable program sponsored by MaineHealth and Maine Medical Center) created an educational video that captured the Telehealth experience through the eyes of a patient. The video educates patients and physicians about the effectiveness of Telehealth in promoting safety and independence in the home care setting.



■ Madelyn Bergen Belliveau, the Home Care Alliance of Maine "Volunteer of the Year"

The Home Care Alliance of Maine also presented the "Volunteer of the Year Award" to Madelyn Bergen Belliveau for her dedication and outstanding contributions to home care. Employees and friends escorted Madelyn to the Blaine House award ceremony on a surprise and very festive bus trip. For over 30 years, Madeline has been coordinating bus trips as a vehicle to raise money for non-profit organizations. Last year, Madelyn raised over \$14,000 for HomeHealth Visiting Nurses.

We are proud of our achievements and all the employees and volunteers who have made our success possible. In closing, I wish to extend my appreciation to an outstanding Board of Directors, resilient and talented employees, MaineHealth and its member organizations, committed volunteers, hospitals, physicians, clinicians, municipalities, donors and patients who have placed their trust in HomeHealth Visiting Nurses. Thank you.

Maryanna Arsenault, President and CEO



All bus trips depart from the Saco HomeHealth Visiting Nurses office at 15 Industrial park Road. Bus trip profits benefit HomeHealth Visiting Nurses.

BOSTON MARCH 10, JUNE 9 & JULY 11

"A Day in the City"
 Bus Only \$45 Adults / \$38 Child
 Bus departs Saco at 8:00 am
 Bus departs Boston at 5:00 pm

BOSTON cont.

Options 1: Art Museum

The beautiful new Institute of Contemporary Art

Options 2: Theater

Dirty Rotten Scoundrels (3/10 only) or
 The Light in the Piazza (6/9 only)

RED SOX MAY 19, JULY 22 & AUGUST 17

Bus and Game Ticket
 \$110; \$105 for 2 or more games

Afternoon games: bus departs Saco at 9:30 am.
 Night games: bus departs Saco at 2:30 pm.

WICKED OCTOBER 13

The Musical Bus and theater ticket
 \$142 per person. 2:00 pm matinee

at the Boston Opera House
 Bus departs Saco at 9:30 am

MONTREAL OCTOBER 20-21

Bus and 2 nights at the Queen Elizabeth Hotel
 \$310 per person; \$75 per child

(under 12 and accompanied by 2 adults)
 Bus departs Saco at 8:00 am on 10/20

NEW YORK CITY MAY 31-JUNE 3

3 nights at the Sheraton Manhattan Hotel
 Double \$560; Triple \$415; Quad \$345 per person

Includes bus to Battery Park
 (Statue of Liberty and Ellis Island)

Option: The Drowsy Chaperone (Musical)

on 5/31, \$65 per ticket

Bus departs Saco at 7:30 am on 5/31
 and leaves NYC at 2:00 pm on 6/3

NEW YORK CITY DECEMBER 9-11

Details TBA

If you are interested in seeing a specific show,
 Madelyn will help arrange tickets for you.

ITALY NOVEMBER 1-10

Stay in centrally located Florence and
 explore surrounding Tuscany. Max 20 people.

If interested, contact Madelyn ASAP so she
 can arrange the details.

Interested in a trip? Contact Madelyn at 282-5521
 or bergenbus@yahoo.com as soon as possible to
 ensure your seat on the bus.